



# THE RAPTOR REPORT

October 2021

## A Message From The Principal



Dear Rice families,

It's October and learning is in full swing at Rice Elementary! When I was a classroom teacher, I always felt like October was one of the best months of the whole year for learning. For starters, students had settled into routines and were gaining the confidence to take risks as learners. In addition, I knew about each individual child and his/her learning strengths and needs. And of course, I loved preparing for and sharing with parents during conference week. I know teachers at Rice feel the same.

October is also an exciting month for our students! Not only are they hitting their stride in the classroom, but they are excited about the upcoming walk-a-thon, earning prizes, and of course, Halloween!

*continued on next page*

**Rice Elementary**  
7000 Third Street  
Wellington, CO 80549

**Principal**  
**Melissa Duve'**

**Office**  
**970.488.8700**

**Attendance Line**  
**970.488.8701**

**Fax**  
**970.488.8702**

[https://  
ric.psdschools.org/](https://ric.psdschools.org/)

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## A Message From The Principal, continued...

We look forward to welcoming parents, either virtually or in-person for parent-teacher conferences the week of October 11<sup>th</sup>. Teachers are busy preparing to share with you, but I also encourage you to prepare for the conference. Come ready to ask specific questions that you may wonder about. We all know the past year and a half have been a time like we have never experienced. Students and families have faced challenges as we have navigated the pandemic. You may wonder how your child is connecting with friends or if he/she is on track to meet grade level standards. You may also wonder how you can support your child's learning at home. Thinking through those things before you attend the conference will allow you to be prepared and have any wonderings addressed. As a parent, you can do several things to reinforce the family-school partnership.

These include:

- Establishing a daily routine, including healthy eating and sleeping habits
- Providing a time and place for your child to complete any homework
- Talking with your child about both the learning and socializing he/she is doing at school
- Reading to your child and listening as he/she reads to you each day
- Limiting and monitoring TV, gaming, social media and computer time
- Holding high expectations for your child's learning
- Spending time outdoors being active

Engaged parents are critical in helping students succeed at school. Thank you for your support and know that we are always here to support you! We value your partnership.

With appreciation,

*Melissa*



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# Rice Elementary Newsletter



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## IMPORTANT INFORMATION FROM THE OFFICE:

Welcome to the 2021/2022 School Year! Please read the following regarding important office procedures:

- Students are not to arrive on school grounds until 8:35. There is no staff to supervise out front, on the playground or in the cafeteria until 8:35. Parents will be contacted for early drop-offs.
- Please call the Attendance Line at 970-488-8701 if your child(ren) will be absent from school. The absence will be marked unexcused if we are not able to reach you.
- After school changes must be called in by 3:15 to ensure your child(ren) receives the appropriate message.
- For your student's safety, always bring your ID/driver's license when checking your child(ren) out early from school. When checking your student out, allow enough time for the office to locate your student and to collect their belongings.
- If you signed the Media Opt-Out form for your student, please know that he/she will be asked to step to the side when photos and/or videos are being taken at various events.
- Please keep your information on file current (phone numbers, emergency contacts, address). You can update information on your ParentVUE account. \*Please note that you must change your address with the office staff. You are not able to change this information in ParentVUE. Proof of address such as a current utility bill is required when doing so.

## IMPORTANT DATES:

**October 7, 2021- WALK-A-THON!**

**October 14<sup>th</sup> and 15<sup>th</sup> - No School**

# Rice Elementary Newsletter

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## Health Office

Health Office Updates:

Help keep your student safe and healthy for in-person learning this school year! Back-to-school vaccines will be available at no cost on Saturday, 10/9, at the Larimer County Department of Health and Environment in Fort Collins for students who have Medicaid, health insurance that does not cover vaccines, and those who do not have health insurance. COVID-19 vaccines will also be available for anyone who is age 12 and older.

Families must have an appointment for their student.

- **Who:** Youth who have Medicaid, insurance that doesn't cover vaccinations, and those who do not have health insurance are eligible
- **What:** No cost for immunizations
- **When:** Saturdays, 10/9, 10/23, 11/06, from 9am-3pm
- **Where:** Larimer County Health-Fort Collins, 1525 Blue Spruce Dr, Fort Collins
- **How:** Appointments only. Sign up here: <https://larimerhealth.secure.force.com/schoolVaccine>

Students who have private health insurance should visit their healthcare provider or a local pharmacy for vaccines.



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**PTO**



**Spirit Gear**

COMING SOON! New gear, & online ordering through Gojo Sports.

**Walkathon**

Thank you to all the sponsors that have graciously donated so far.

REMINDER: Walkathon is October 7th.

Parent volunteers are needed & will be sent an email to sign up. (Verify that you are a registered volunteer to receive emails)

**Small Fundraiser(s)**

Milk tops are still being collected at Trim Salon.

School box tops are now virtual. Please download the app to scan receipts.

**Important Dates**

⇒ Walkathon October 7th

⇒ Upcoming PTO meetings - October 4th 9:00 am (zoom), November 1st 9:00 am (zoom), December 6th 9:00 am (zoom)

**Additional Items**

Interested in volunteering here at Rice? Find all the information on the Rice Elementary Webpage: [ric.psdschools.org/volunteer](http://ric.psdschools.org/volunteer)

PTO is always looking for new members, please email Erin Jerome at [riceraptorspto@gmail.com](mailto:riceraptorspto@gmail.com) for any questions, or links to future meetings.

## Early Childhood

Dear Families,

Our classes are beginning to study trees. We'll be observing and comparing trees to learn about what lives in them, what they're made from, and who cares for them. We hope that this study will help children explore and appreciate nature. As we study trees, we will use literacy, math, the arts, and technology to explore the topic in depth. We will learn important social studies and scientific concepts through firsthand investigations.



If you can take a “tree walk” with your child, we would appreciate your help in collecting tree parts to investigate. If you can, please take a bag to a tree area and collect things that have fallen, such as leaves, bark, acorns, twigs, flowers, fruit, or cones. See below for suggestions of other tree parts to bring in.

- a variety of leaves
- small limbs, branches, twigs
- food from trees (fruit, nuts)
- pinecones
- evergreen sprigs or small bough
- seeds
- tree “cookies” (cross sections of trees that show the rings)
- bark

We need your help to enrich the children's learning. If you work with trees, please let us know. Perhaps you're a gardener, forester, tree trimmer, tree farmer, or nursery worker.

**What You Can Do at Home:** You can help your child explore and appreciate nature by learning about trees. Invite your child to talk about trees. Share stories about your favorite childhood memories involving trees and games you might have played around them. Wonder aloud with your child to encourage his or her thinking about trees. “I wonder why leaves fall from trees.” “I wonder what makes some trees grow so big.” At home, collect parts of trees, and encourage your child to sort them. Your child might also enjoy making a collage by arranging and gluing tree items on paper

Teaching teams:

Cindy McCarthy, Leeann Ekanger, Molly Sausaman, and Eric Sutherland

Mary Glaze and Mindi Castaneda

## Music News

Here are a few things we will be working on in the coming weeks:

5th Grade: continuing our work with syncopated rhythms and I-IV-V chordal harmony, and learning about music that has theme and variations. Soon we will be learning guitar.

4th Grade: reading pentatonic scales on xylophones, providing harmony to “Three Little Birds” by Bob Marley, and practicing triplet rhythms to Imagine Dragons on bucket drums.

3rd Grade: continuing work with rondo form, practicing 16th notes, and singing complicated music through rounds (aka, musical canon)

2nd Grade: much work involving music reading and expressively moving to different forms of music. We also learned to read rhythms to “We Will Rock You” by Queen

1st Grade: continuing to expressively move to music that is in AB form. Beautiful singing happening many classes. Students can call and respond very well, and we are prepping for hi/low notes.

Kinder: much of the same but slightly more involved: continuing steady beat, 4 different voices, experimenting with non-pitched percussion instruments, and always creatively moving

We will be working on Halloween music next month, and hopefully some audio recordings of some of the material we have been working on. Stay tuned!

Sincerely,

Mr. Pratt

PS: Till further notice, extracurricular choir will be postponed until further notice. Hopefully choir (and a future rock band) will happen in the Spring if things slow down with Covid.



# Rice Elementary Newsletter



## PE

Hello Raptors!

September has been an active month in PE classes with students learning and practicing our daily routines and getting up to speed on the rules and expectations designed to keep everybody safe and healthy. We've been working on cooperative activities and moving safely and with control while learning new locomotor movements. A part of our daily routine includes stations where kiddos are able to learn new skills and practice skills they already know. We are beginning our flying disc/disc golf unit and then we will move onto soccer skills.

As we move into October and the weather begins to cool a bit, especially in the mornings, a long sleeve shirt or sweatshirt is always a good idea to help students feel comfortable while moving around outside, and a refillable water bottle will give kiddos a chance to rehydrate while away from drinking fountains.

Our Walkathon is quickly approaching, and we look forward to seeing you there the day of the event to cheer on your kiddo(s) and be a part of this awesome Rice event. A GIANT shout out to our PTO for putting all the pieces together for this huge undertaking.

Mr. Hannen



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## October Storytime

JOIN US FOR OUTDOOR LEARNING FUN!  
11 a.m.

Tuesday, 10/12: **We're Going on a Leaf Hunt**

Tuesday, 10/26: **Halloween Fun!**



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## Art Room News

\*Students are continuing to practice routines in the Art room! They are becoming experts on how to get their own supplies and clean-up after themselves. They have also learned about free choice time when finished with their project steps for the day. After mastering these important skills, we will begin learning how to be painters in the Art room.



\***Students have just finished their beginning of the year Self-Portrait.** I will keep these until students graduate/leave Rice! Fifth graders are excited to get ALL **Kindergarten-5<sup>th</sup> grade** portraits back in May with their artwork. We can't wait to see how much they have grown with their drawing skills!

\*We have learned our ART MANTRA which we recite at the beginning of each Art class:

I am POSITIVE!

I am CREATIVE!

I am MINDFUL!

I am AMAZING!

I am an ARTIST!

Projects that are in progress for grade levels:

Kindergarten- **Polar Bears**

First Grade- **Peacocks**

Second Grade- **Koi Fish**

Third Grade- **Van Gogh Sunflowers**

Fourth Grade- **Patterned Turtles**

Fifth Grade- **Paul Klee Castles**

Thank you!!!!!! Beth Tennyson, Art Teacher

[btennyso@psdschools.org](mailto:btennyso@psdschools.org)

**Counseling Corner**

I love seeing the students in person all the time! I have been going into classes regularly to teach Social Emotional Learning and each grade level is on a different schedule for this. All classes have done Whole Body Listening, the Zones of Regulation, and we just started Second Step lessons. 3rd-5th grade classes have also been doing Calm Classroom. Here are the Second Step topics that we have been working on:

Kindergarten-Learning to Listen and Focus

First Grade: Following Directions

Second Grade: Being Respectful

Third Grade: Being Respectful Learners & Using Self-Talk

Fourth Grade: Empathy & Respect

Fifth Grade: Empathy & Respect

I am just starting to be available to meet with students individually and in small groups. Additionally, I can help connect families to resources in the community. Please reach out if you need anything.

Beth Roberts, Counselor

[elizabethr@psdschools.org](mailto:elizabethr@psdschools.org)

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### Kindergarten



Hello Rice families

The kindergarten year is off to a great start! In addition to learning all the routines of our school day we have jumped right into our curriculum as well! In literacy, we've been learning and reading about families – and next our focus will be all about farms and the animal families that live there. We've been focusing on letters and their sounds and we have even begun reading books with our favorite sight words in them! When we write, the kids are telling their story using pictures, labels and in some cases a sentence too. The literacy unit goes right along with our social studies where we are talking about "What is a family?" In science we are talking about our five senses and will be learning about trees too! We are playing number games that help reinforce exactly how much each number represents and comparing numbers using words like more/ fewer or greater than/ less than. Can your child show you numbers that combine to five? Wow – it's been a busy start!

Lyn Karnes, Sari Bosch, Jenna Beriswill and Judy Ginty

The Kindergarten team



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## **First Grade**

Hello First Grade Families,

We have started our year strong, and our first graders are doing a great job. We are thrilled with the flexibility that the students show and their positive attitudes toward learning. They are building their stamina for learning and working hard at having a growth mindset! We're on our way to becoming great readers!

Here's what we've been doing and what to expect!

### **Reading:**

- Phonics every day! We are working with CVC words, blends and digraphs.
- Building stamina in reading.
- Finishing Unit 1 Reach for Reading and moving on to Unit 2- "How do you know if something is living?"
- Unit 3 Reach for Reading "How do we get what we need?"

### **Writing:**

- Continuing Narrative genre. We will focus on writing small moment stories with independence while exploring the writing process to plan, draft, revise, and edit.
- Informative writing- Students will continue the informative genre. We will focus on being experts about our passions. As authors, we will continue to explore the writing process to plan, draft, revise, edit, and publish. Students will focus on ideas, conventions, word choice, voice, presentation, organization, and sentence fluency.
- Writing about things we know a lot about.
- Planning, writing, revising stories



*continued ...*

**First Grade, continued...****Math:**

Finishing up Topic 2 and moving on to Topic 3: Addition Facts to 20

In this unit, students will develop skills to make 10 to add, explain addition strategies, solve addition word problems with facts to 20, critique reasoning, count on to add, count on to add using a number line, doubles, doubles plus 1, and doubles plus 2

Topic 4: Subtraction Facts to 20

In this unit, students will develop skills to use a number line to subtract, make 10 to subtract, count on to subtract using 10 as a landmark, make addition and subtraction facts, explain strategies to solve unknowns, use reasoning to solve story problems, and use addition facts to find subtraction facts

Unit Vocabulary Words: add, sum, plus, equation, equals, part, whole, difference, subtract, minus, more, fewer, addend, number line, doubles fact, near doubles fact, open number line, doubles plus 1 fact, doubles plus 2 fact, make 10, fact families, related facts.

**Science:**

- Life Science Standard 2: All organisms have external parts that they use to perform daily functions
- Mystery Science- Hands-on inquiry-based lessons and activities

**Social Studies:**

How We Express Ourselves

Central Idea: Traditions connect people.

Lines of Inquiry:

- What are traditions?
- Why do people create and celebrate traditions?
- What traditions are in your family?
- How do traditions change over time?
- How are our traditions similar and different?

We are thankful that you share your children with us every day!

Sincerely,

First Grade Team



**Second Grade**

Hello 2nd Grade Families,

While the weather and leaves are changing, some things never change. We love teaching our 2nd graders and spending our days with these little learners.

In social studies / science / reading we just completed our first social studies / reading unit answering the BIG question: “What is a community?” We enjoyed learning about both our own and world communities. This month we start our new science / reading unit answering the BIG question, “What do you need to survive?”. This is a favorite unit, and the kids love thinking and learning about this topic.

In math we are learning about place value. This is the foundation work for adding and subtracting larger numbers. Please do not teach your child the standard stacked method of adding and subtracting. We need to work up to that. If you are looking for great math games to build your child’s numeracy skills look here: <https://www.youtube.com/channel/UC-F-4lIfKSd3mZCis1zwukA>

October also brings fall parent teacher conferences. We look forward to our time with each of you to share how your child is doing academically, socially, and emotionally as a second grader. Please keep a watch out for the sign-up opportunities. Some will be offered as in-person and some through Microsoft Teams.

Something to keep in mind: when you find out your child is going to be quarantined or will be missing more than 2 days of school it is important that you reach out to your child’s teacher. We can provide you with curriculum for your child to complete while at home and give them access to Epic! for online reading. It is difficult and uncomfortable for a child to miss a bunch of school and then join back in. They feel lost and behind. We don’t want any of our second graders to feel this way.

Thank you for continuing to support and encourage your child in their positive attitudes towards learning and school.

Ms. Leatherman, Mrs. Steketee, and Mrs. Weedon

**Third Grade**



Dear Family Member,  
“What happens when nature loses its balance?” That is the big question we are exploring in our next science and reading unit. To answer it, we are reading, writing, and talking about ecosystems and why it is important to keep them healthy. Be a part of our exploration! With your student, read the New Words together. Then follow the directions below.

**Unit 2 New Words**

amount	balance	behavior	control	decrease	increase
interact	react	scarce	supply	competition	drought
ecosystem	food chain	level	nature	negative	positive

**Directions:**

1. Talk together about the ways your family can help in your community. Try to use some of the New Words in your discussion.
2. Work together to make notes. Write words, phrases, or sentences that tell your ideas about ways to help in your community. Use the New Words when you can.
3. Remind your student to bring the completed

**What We’re Reading**

“When the Pigs Took Over”

by Arthur Dorros

This humorous story tells what happens when Don Carlos brings too many pigs to town.

“Animals, More or Less”

by Mike Thaler

Five riddles ask questions about animals.

“When the Wolves Returned”

by Dorothy Hinshaw Patent

This science article describes how wolves affect the ecosystem of Yellowstone National Park.

“Megafish Man”

by Michael Sandler

In this article, the author describes the work of explorer Zeb Hogan, who studies large fish to judge the health of the rivers they live in.



## Fourth Grade

Hello 4<sup>th</sup> Grade families,

We hope this message finds you well and feeling settled into the 4<sup>th</sup> grade year. We would like to take this time to share some highlights we are seeing now that we are more than a month into the school year! Students are taking ownership in their learning and are setting high expectations for themselves. We are seeing students helping others and showing compassion by including others at recess and in partner work time. We are seeing students showing SOAR behavior and reminding others to do the same. We are seeing students engaged and excited in learning new and challenging strategies. For example, after our first multiplication lesson, many students stated that “math is fun!” and “I love math!” We are thankful for your help and support. Your partnership in your child’s learning is invaluable and we appreciate your communication. As we progress further into the 2021-2022 school year, please reach out if you need any help with

resources, need ideas for home practice, or have any questions. Thank you for all you do!

## Fifth Grade

Greetings from fifth grade!

We’ve had a great start to the year in fifth grade! Students have already shown leadership in the classroom and throughout the halls of the school. We are looking forward to a year of continued growth and development.

- Book clubs are showcasing thoughtful and engaging conversations every week in fifth grade! Students have worked hard on their weekly assignments and have really taken the reins to lead their group discussions. We’re proud of the leadership we have seen within these small groups!
- As we progress with math topics this year, it is beneficial for all fifth graders to continue practicing their multiplication and division facts. Building that fact fluency will help greatly with many fifth grade math topics this year.
  - Please encourage your child to practice his or her multiplication and division facts frequently.
  - Make it fun! Here are a few ideas:
    - ✦ Use chalk to practice math facts in the driveway or on the sidewalk.
    - ✦ Create your own flashcards.
    - ✦ Turn an egg carton into a problem generator.
    - ✦ Use a deck of cards to play math facts games.
    - ✦ Draw Waldorf math facts flowers.
    - ✦ If you need more ideas, feel free to reach out to your child’s teacher!
    - ✦

We look forward to talking with you soon at your child’s conference. Please make sure to watch for sign up information from your child’s teacher.

Thanks for your support!

Mrs. Hediger, Miss Holmes, & Mrs. Neill







**Breakfast Menu**

October 2021

Rice Elementary

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <ul style="list-style-type: none"> <li>• Pancake Sausage Wrap BIC</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>
<b>4</b> <ul style="list-style-type: none"> <li>• WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>• Whole Grain Cinnamon French Toast</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>• Cinnamon Toast Crunch Soft Filled Bar</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>8</b> <ul style="list-style-type: none"> <li>• Mini Pancakes</li> <li>• Cheese Variety, or Substitute</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>
<b>11</b> <ul style="list-style-type: none"> <li>• Mini Cinnamon Rolls</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>• Breakfast Sausage Pizza</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>• Cinnamon Toast Crunch Soft Filled Bar</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	 	
<b>18</b> <ul style="list-style-type: none"> <li>• WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>• Whole Grain Cinnamon French Toast</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• Breakfast Sausage Pizza</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>• Mini Cinnamon Rolls</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>
<b>25</b> <ul style="list-style-type: none"> <li>• WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>• Cinnamon Toast Crunch Soft Filled Bar</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>• WW Bagel &amp; cream cheese</li> <li>• Yogurt</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>• Whole Grain Cinnamon French Toast</li> <li>• Assorted Muffins</li> <li>• Assorted Cereal</li> <li>• Assortment of Fruit</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Juice</li> </ul>

Lunch Menu

October 2021

Rice Elementary  
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b>
				<ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Cherry Tomatoes or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Plum or Substitute</li> <li>• Milk: fat free, 1%</li> <li>• Assorted Condiments</li> </ul>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<ul style="list-style-type: none"> <li>• Hamburger &amp; Cheeseburger</li> <li>• Cold Deli Yogurt with Granola</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Snap Peas, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Grapes, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Carrots</li> <li>• Whole Fruit, or Substitute</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Patty Sandwich</li> <li>• Chef Salad with Goldfish Crackers</li> <li>• Pb&amp;J Sandwich</li> <li>• Salad with dressing</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Strawberries, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Ocean Treasures</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Cherry Tomatoes or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Watermelon or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Cold Deli Yogurt with Granola</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Cucumber Slice or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Peaches, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<ul style="list-style-type: none"> <li>• Chicken Drumstick with Goldfish</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Celery Sticks, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Blueberries, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Calzone &amp; Marinara</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Bell Peppers, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Orange Wedges</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Asian Meatballs &amp; Rice</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Cucumber Slice or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Kiwi, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>		
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Cold Deli Yogurt with Granola</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Snap Peas, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Grapes, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Ravioli &amp; Goldfish Crackers</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Carrots</li> <li>• Whole Fruit, or Substitute</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Patty Sandwich</li> <li>• Chicken Caesar Wrap</li> <li>• Pb&amp;J Sandwich</li> <li>• Salad with dressing</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Raspberries or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Ocean Treasures</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Cherry Tomatoes or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Watermelon or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Cold Deli Yogurt with Granola</li> <li>• Pb&amp;J Sandwich</li> <li>• Fresh Cucumber Slice or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Peaches, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<ul style="list-style-type: none"> <li>• Hamburger &amp; Cheeseburger</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Celery Sticks, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Blackberries or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Calzone &amp; Marinara</li> <li>• Yogurt Parfait</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Bell Peppers, or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Orange Wedges</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Asian Meatballs &amp; Rice</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Cucumber Slice or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Kiwi, or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Burrito</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Salad with dressing</li> <li>• Whole Fruit, or Substitute</li> <li>• Honeydew Melon or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>	<ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Cold Deli Yogurt with Granola</li> <li>• PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>• Fresh Cherry Tomatoes or Substitute</li> <li>• Whole Fruit, or Substitute</li> <li>• Fresh Plum or Substitute</li> <li>• Milk Variety</li> <li>• Assorted Condiments</li> </ul>

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Once your application has been processed, you will be invited to sign up for an orientation.



Questions? Contact  
[subs@psdschools.org](mailto:subs@psdschools.org)





**VOLLEYBALL**

VS. COLORADO

SEPT. 18 | 1:00 PM

**\$8**

VS. UNLV

OCT. 23 | 1:00 PM

**\$3**

**FOOTBALL**

VS. NEVADA

NOV. 27 | 7:00 PM

**\$25** INCLUDES TICKET AND A HAT

TO PURCHASE TICKETS USE PROMO CODE: PSD  
[CSURAMS.COM/PROMOCODE](https://csurams.com/promocode)