



RICE ELEMENTARY

THE RAPTOR REPORT

January 2022

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[https://
ric.psdschools.org/](https://ric.psdschools.org/)

Follow Us



[IMatterColorado.org](https://www.imattercolorado.org)

Three Free therapy sessions are available for Colorado youth 18 and younger, or those 21 and younger if receiving special education services. Visit [Imattercolorado.org](https://www.imattercolorado.org) to learn more,



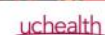
the LINCOLN center



FEB 12 | 2 & 6 PM
**THE QUEEN'S
CARTOONISTS**
REG \$15

FEB 26 | 2 & 6 PM
**CHOIR! CHOIR!
CHOIR!**
REG \$15

MAR 12 | 2 & 6 PM
**AJJAAK ON
TURTLE ISLAND**
REG \$15



Rice Elementary Newsletter



TALKING TO
SOMEONE
CAN HELP.

OUT
OF SORTS
THESE DAYS?

970-221-5551
24/7 | NO COST

connections

Every Kid Outdoors Free Fourth Grade Parks Pass

National Park Foundation and Every Kid Outdoors offers National Park Passes to 4th graders for an entire year!

Did you know that you own millions of acres of national parks, historic structures, cultural artifacts, ancient forests, snow-capped mountains, and clear blue lakes? Our federal public lands and waters belong to all Americans and are waiting for you to explore them! You can get your Every Kid Outdoors pass at www.everykidoutdoors.gov, the official website where parents, educators, and kids can learn more.

To help engage and create our next generation of park visitors, supporters and advocates, Federal Land Management agencies, launched the Every Kid Outdoors initiative. The immediate goal is to provide an opportunity for each and every 4th grade student across the country to experience their federal public lands and waters in person throughout the year.

Every year, beginning September 1, kids in the fourth grade have access to their own Every Kid Outdoors pass at www.everykidoutdoors.gov. This pass provides free access to national parks across the country. Every Kid Outdoors pass is good for the 4th grade school year, until August 31, 2022. Get your pass today!



TIME WELL SPENT

Your child's Well Care Visits help us address the following:

-  Diet & Nutrition
-  Chronic Health Issues
-  Parental Concerns
-  Growth, Development & More



Click Here to Self-Schedule Your Child's Well Care Visit Today!

5210+ Is Coming Soon!

What is the 5210+ Challenge?

This challenge put on by the Healthy Kids Club is an opportunity for students, staff, and families to practice healthy habits during the month of February, earn a t-shirt, and win prize money (up to \$1500) for PE equipment at their school. Last year we won \$500 for Laurel. Mrs. Rittner purchased another new mat, a balance beam, and gymnastics equipment. This year we are working on getting climbing ropes installed.

What are the 5 Healthy Habits?

- 5 servings of fruits and veggies
- 2 hours or less of screen time
- 1 hour or more of physical activity
- 0 sugary drinks
- + 9 or more hours of sleep (kids) 7-8 hours of sleep (adults)



Please be on the lookout for information about how to participate in this school wide healthy challenge. We will be sending home paper copies again this year with the option to turn in your information online.



YOUR CHILD'S EDUCATION IS OUR PRIORITY
HUNTINGTON CAN HELP!
 K - 12 TUTORING • TEST PREP

FORT COLLINS • 970-223-5738

CLICK IT
 Click on the Ads in this Newsletter
 ...to learn more about these great companies!

ARSENAL COLORADO
 Northern Colorado's Premier Soccer Club
Leagues for Girls & Boys ages 4-18
Spring Recreational Registration Opens January 5
 Visit our website for details on spring rec registration, camps, competitive leagues and more!
 2721 S. College Ave., Fort Collins, CO 80525 - 970.226.4253 - www.soccerfortcollins.org

Rice Elementary Newsletter

**SELLER'S
MARKET**
Call today!



Joe Mivshek

970.420.7163
joe.mivshek@km.com



kw KELLERWILLIAMS, REALTY
NORTHERN COLORADO

The 4TH, 5TH & 6TH Grade Ski Passports

Registration for the 4th, 5th & 6th Grade Ski Passport Program is now available for the 2021-22 winter season!

What is the Passport Program?

The CSCUSA Ski Passport Program offers 4th through 6th graders up to 88 days of skiing or riding at 21 of Colorado's mountains (starting at \$59). Passport holders also receive 2 free ski or snowboard rentals from [Christy Sports](#).

Colorado Ski Country USA believes that every student should have the opportunity to experience Colorado's signature winter sports, skiing and snowboarding. That is why for over 20 years the CSCUSA Ski Passport Program has helped thousands of students hit the slopes every year. Make sure your student does not miss out on the fun and sign up today! The quickest and easiest way to learn about the program and sign up for the Passport Program is online at coloradoski.com/passport.

[Ski Passport Brochure](#)

The
Women's Clinic
of Northern Colorado

Schedule Your Appointment Today!

We are here for your child's health!

Schedule your school or sport physical today!

We have the COVID vaccine for your entire family.

Salud (303) 697-2583
Family Health Centers (303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS, CO

OUR CARE IS DINO-MITE!
MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

Rice Elementary Newsletter



YOUR COMMUNITY-DRIVEN AND COMMUNITY-OWNED FIBER NETWORK!

**NO DATA CAPS!
NO CONTRACTS!
NO INSTALL FEES!**

Learn more & sign up for notifications at
FCCONNEXION.COM

Auxiliary aids and services are available for persons with disabilities.



Handwashing, Handwashing, Handwashing!

You can help us limit the spread of illnesses by encouraging your family members to wash hands often, especially after coughing or sneezing. Washing with soap and warm water for at least 20 seconds is ideal. Remember to keep hands away from the face and avoid touching the mouth, nose, and eyes. Cover coughs and sneezes with tissues or cough into the inside of the elbow. Stay home when sick.

HANDWASHING MY GOAL: Have clean hands and prevent spread of germs

HAND WASHING IS IMPORTANT BECAUSE...

- Regularly washing your hands with soap and water can protect you from illnesses caused by viruses and bacteria
- It is the best way to stop germs from spreading

6 EASY STEPS TO CLEAN HANDS

1. WET YOUR HANDS
2. APPLY SOAP
3. WASH YOUR HANDS FOR 20 SECONDS
4. RINSE WELL
5. DRY YOUR HANDS
6. TURN OFF WATER WITH PAPER TOWEL

WHEN TO WASH YOUR HANDS

- After using the toilet
- Before preparing, touching, or eating food
- After playing with animals
- After your sports practice
- After coughing, sneezing, or blowing your nose or mouth

HOW DO I KNOW IF I WASHED MY HANDS FOR 20 SECONDS?

Sing Happy Birthday to yourself twice
OR
Sing the alphabet song to yourself

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

